

hand + heart rhythms

YEAR 1

Training 3: TEAM

themes-forming vision + core team

heart

➤ 1 Day A Week Fast For Vision:

*Pick the same day each week so you have consistent rhythms. The fasting can look however works best for you (see T1 for some resources for fasting if needed). Come to the day expectant that God is going to speak, have a notepad ready, and be open to how the Holy Spirit speaks to you during the day.

➤ 30 Min Daily Prayer/Devotion:

*See notes from T1

hands

➤ 1 Time a Month Throw a Party:

*Images of heaven often take the metaphor of a feast. Celebration seems to be "the serious business of heaven" as C.S. Lewis said. Church planting is just as much learning to celebrate together as much as anything else. This can look however is authentic to you and your context.

➤ 1 Time a Month Serve in the Context:

*Based on the work you have done in T2 in seeing and understanding your context, prayerfully discern an area of need. We would like this to be outside of a church-sanctioned initiative (however parachurch/ non-profits are fine)!

➤ Financially Participate in Church:

*See Notes from Training 1

